

Food for Thought Food Tasting

At SPB, we are proud to have a very high percentage of children who enjoy school dinners. Chef Jack and his team work hard to provide a wide range of meals that allow children to experience different colours, textures and, of course, flavours. As a result, over 80% of our children (and staff!) have school dinners. To encourage children who usually bring a packed lunch to try a school meal, members of the School Council have been working alongside *Food for Thought*. During lunchtime, our councillors offered food samples such as vegetarian chilli, BBQ chicken and frit-tatas. Many children enjoyed the tasting sessions and shared positive feedback with Chef Jack, with several saying they would choose a school dinner in the future. Children were rewarded with a sticker for being brave and trying something new! Colleagues from *Food for Thought* commented that, compared to schools across the city, SPB already has an excellent percentage of children choosing school meals. They also praised the quality and variety of food on offer. A huge thank you to Chef Jack and his team for providing so many delicious dishes each day. Article 24 of the UN Convention on the Rights of the Child states that *all children have the right to nutritious food*. Please visit the school website to view the weekly menu—and maybe try one of the dishes yourself!



FOOD FOR THOUGHT
GOOD FOOD CULTURE



St Paschal Baylon
Catholic Primary School
Following In The Footsteps Of Christ



Hope University Wider Prospective Project

At the end of January, students from Hope University planned and delivered a range of lessons for children across all year groups, with the overall focus of the project being climate change. In EYFS, children planted seeds and began growing their own fruits and vegetables, learning where food comes from and how to care for living things. They also discussed fossil fuels and explored how growing their own food can help reduce the need to import produce from other countries. In Years 1 and 2, children took part in a water obstacle course to raise awareness of how far some children in other countries must travel to collect clean water, and why it is important not to waste this precious resource. In Years 3 and 4, learning continued around protecting natural resources. Children created informative posters and appointed class monitors to help ensure lights, televisions and other electrical equipment are switched off around the school when not in use. Years 5 and 6 explored what politicians are doing to tackle climate change and took part in a class debate, sharing opinions and ideas about possible solutions. At the end of the week, a video was shared during assembly, and Miss Johnson and a group of pupils joined a city-wide Zoom call with children from other schools to share what they had learned and enjoyed about the project. All work produced during the week has been proudly displayed in the Year 2 corridor.



Our Rights Ambassadors Bonnie, Grace and Hallie interviewed some of the children. Sienna, in Year 1 said, "I liked doing the water challenge and I learned why we shouldn't waste water." Lily, in Year 6 said, "I really enjoyed debating."



Children's Mental Health Week 2026 – Belonging

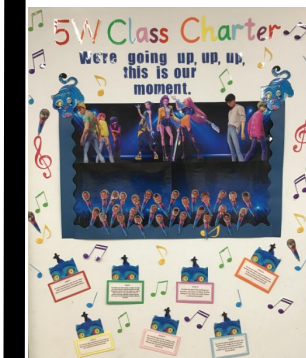
This week, children have participated in Children's Mental Health Week. The theme was *Belonging*, helping children understand the importance of feeling valued, included and connected. Across the school, pupils took part in activities that encouraged self-expression, kindness and talking about feelings, while learning how to support themselves and others. This work links closely to the UN Convention on the Rights of the Child, particularly **Article 24**, which states that 'all children have the right to good mental health and wellbeing', and **Article 12**, which 'ensures children have the right to express their views and be listened to'. We are proud of the thoughtful discussions and positive messages shared throughout the week.



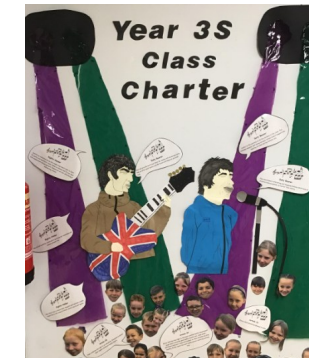
September 2025 – February 2026



Class Charters



We began the academic year in our new classes by designing and deciding how to showcase our class charters. Creating class charters helps establish an agreed set of rights-based principles on which positive relationships can be built. They provide a shared language of values and support a positive learning environment for children and young people in the classroom, across the whole school, and in the playground.



Children selected which rights they felt were most important to display and then discussed how both the duty bearers (adults) and rights holders (children) would respect, follow, and support these rights in daily school life. The pupils produced some fantastic designs, and with the return of Oasis and the ongoing K-Pop Demon Hunters phenomenon, it was no surprise that some of our class charters were inspired by these themes!

Rights Ambassadors 2025 –2026

Once children start Year Three, they can fill out an application form and become a Rights Ambassador. We have had many new ambassadors who are eager to carry out jobs around the school, from litter picking to putting up articles and monthly goals. The ambassadors asked for badges so that others can recognise their role, and they proudly wear them around the school. The ambassadors continue to meet with Miss Horton on the last Thursday of every month to share ideas, discuss any upcoming events and to choose the new Article and Goal of the Month.



Our new Reception children were introduced to our Rights Respecting Schools Mascot - **Ruby Rights!** They were very excited to meet her! Ruby also visited each class to wish everyone a happy and safe half term!



World Teachers' Day



Back in October, children took time to reflect on the incredible impact teachers have on their lives—not just in the classroom, but far beyond. As part of our World Teachers' Day celebrations, our Rights Ambassadors led a thoughtful and creative Apple Appreciation activity. Each child wrote a personal message of thanks on a paper apple, which was then delivered to every teacher in our school. The apples were filled with kind words, memories, and heartfelt appreciation, reminding our teachers just how valued they are.



It was a simple gesture with a powerful message:
Thank you, teachers, for all that you do -- every day, in every way.



ST PASCHAL BAYLON CATHOLIC PRIMARY SCHOOL

RRS Biannual Newsletter



Outright Campaign 2025-26: International Aid

This year, children have been taking part in the UNICEF Outright campaign, which focuses on international aid and how it helps children around the world enjoy their rights. We began by learning about children's rights and the work of UNICEF. Children discovered that all children have the same rights, such as the right to be safe, healthy and to go to school. We learned that adults and governments have a responsibility to protect these rights, and that sometimes they need support to do this. Children then explored international aid and what it means. They learned that international aid is when countries work together to help children and families, especially when there are problems like poverty, conflict or natural disasters. We talked about how international aid can help communities rebuild schools, train teachers and provide resources so children can keep learning. In Activity 3, children focused on the right to education and learned about real children from different countries. They explored the challenges some children face in getting to school and how international aid can help remove these barriers. Children learned that international aid doesn't just support education on its own — it can also help with healthcare, food and clean water, which all help children to learn and thrive. Through these activities, children have been developing their understanding of international aid, learning why it is important, and recognising how it helps protect children's rights. They are beginning to see how countries can work together to make sure all children have the chance to learn, grow and build a positive future. This year, we're aiming to collectively send postcards to the Foreign Secretary. We're confident they'll have the maximum impact if they're delivered together. Watch this space!

Schools Parliament Sessions



Liverpool Schools' Parliament events in October 2025 included a visit to Liverpool Hope University for discussions on kindness and anti-racism. These initiatives provide young people a structured voice in community issues, with various schools attending different sessions. Two year six school councillors, Lily and Hazel attended the visit to Hope University. Lily said "I enjoyed that we were altogether, team bonding with school councillors from other schools" and Hazel said "it was great interacting with others and hearing their ideas."

In December, two more of our year six school councillors went to the Town Hall with Miss Johnson for a session focused on Children's Rights and Emotional health and wellbeing. Along with children from other schools they discussed issues that are important to them, their schools and their communities. Archie said, "I really enjoyed the session. It highlighted that we can always speak to a duty bearer." Eva said "We shared ideas that we can make and use in the classroom to help us to talk about our feelings. One idea was to make a video helping others with ways to talk about their feelings."



Thank you for all the donations of shoeboxes back in December. We had over 70 shoeboxes that were sent to children around the world that don't always have access to their rights. "Seek joy in what you give and not in what you get".

Pray for Peace

To mark International Day of Peace back in September, children wrote prayers for our global family and thought of how we can make our world a more peaceful place. Article 38 of the Convention states that 'under international humanitarian law Governments must protect the civilian population in armed conflicts and shall take all feasible measures to ensure protection and care of children who are affected by an armed conflict'



We think of those around the world without peace and hope for a future where everyone can live peacefully.

World Children's Day

On Thursday 20th November, our children proudly wore a blue item to celebrate World Children's Day — a special occasion that highlights the importance of children's rights and wellbeing around the world.

It's a day to remind everyone that every child deserves to grow up happy, healthy, and safe, with their voices heard and their potential celebrated. As part of the day, the children took part in a live lesson exploring why World Children's Day is celebrated and what it means to be a child in today's world. They also wrote heartfelt messages to their future selves, sharing their hopes, dreams, and wishes for a better world. These messages were placed into a time capsule, to be opened in years to come — a reminder of the bright future our children envision and inspire. Here, our Rights Ambassadors took the time capsule to each class to collect children's messages.



Anti-Bullying Week: Power for Good!

From Monday 10th November to Friday 14th November, the whole school participated in National Anti-Bullying Week. The week started off on Monday when staff and pupils came to school in odd socks. Many children brought in a £1 donation, which has been



sent to the Anti-Bullying Alliance in order that they can continue to offer advice and help to schools, parents and children — over £220 was raised! There were many activities throughout the week to promote this year's theme 'Power for Good', including a BBC Live Lesson. Article 2 states that 'no child should be treated unfairly' and article 19 states that 'all children have the right to be protected from being hurt or mistreated, in body or mind'.



Be a buddy,
Not a bully!



Our school is working towards the Live Simply award. It is a scheme for communities and schools who can show how they have been living simply, sustainably with creation and in solidarity with people living in poverty. The award celebrates faith-inspired actions. It helps communities live, not just more simply, but also more fully. Use the hashtag #StPBRE to see what children have been doing to work towards the award.

ReAction

Children from the ReAction group have been supporting Mrs Carr in delivering the Celebration of the Word every Wednesday. Through themes such as peace, hope and kindness, the children are given opportunities to reflect on their actions and choices, encouraging them to think about how they can be the best versions of themselves. These celebrations also make strong links to the Convention on the Rights of the Child, helping pupils to understand the importance of respect, responsibility and fairness for all.



In December, children from the ReAction group visited Christ the King Church to take part in the crib exhibition celebrating 100 years of our parish. The children created their own cribs using recycled materials, which were proudly showcased for the parish community to enjoy.



School Council Updates

Members of our School Council meet regularly and recently suggested that children should have juice with their lunch every Friday. Friday's menu is fish fingers, chips and beans which they also said they would like more vegetables. So now children have a choice of beans, sweetcorn or peas as a side. Article 12 of the CRC says how 'Adults should take account of children's views when making the decision'. Children have the right to be listened to and for their views to be taken seriously. Remember if you have any ideas or suggestions, put them forward to your school councillor in your class and they can discuss them at their next meeting.



ReAction Group announces SPB's Pre-loved Book Swap!

Bring in a pre-loved book between 23rd and 26th February. All books must be in good condition. You may bring a maximum of three books and will receive one marble per book. Swap your book for another and discover something new to read and enjoy!

Book swaps are a great way to share stories, reduce waste, and discover new favourites.

