



St Paschal Baylon Catholic Primary School

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Following In The Footsteps Of Christ
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Tuesday 25th February 2025

Dear Parents/ Carers,

We are pleased to inform you that our school's allocated Early Mental Health Practitioner (EMHP) from Liverpool's Mental Health Support Team will be joining us in school on Wednesday 12th March at 2.00pm for a Coffee Afternoon.

This is a fantastic opportunity for parents and carers to find out about the mental health and well-being support that is on offer for children and families through this service and how this support can be accessed.

There will be a short presentation and then an opportunity for questions and for people to have time to talk to our EMHP and find out further information. There will also be an opportunity to sign up to some support services, courses and workshops including Parenting for Behaviour, Supporting Your Child with Anxiety and Worries and Supporting your Child to Cope with Fears or Phobias.

It is also a great opportunity to come together for a coffee and a biscuit and chat to other parents and carers who could be experiencing the same challenges as you are.

Yours Sincerely

Miss L Kavanagh
Deputy Headteacher

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