

PGL



Monday 9th September –
Friday 13th September 2024



Arrangements for Monday 9th September 2024



- Children may come into school at 12:15pm, to allow for help with their luggage.
- Luggage will be stored in the extension.
- We plan to leave at approximately 1:00pm you are welcome to come and wave the children goodbye!

PGL Medical Information Form

Please fill in ALL sections. Where a question is not applicable, please write N/A in the box.

Child's Name:		
Date of Birth:		
Names of Parents/ Guardians:	Parent/Guardian: _____	Parent/Guardian: _____
Address:	Line 1: _____ Line 2: _____ City: _____ Postcode: _____	
Contact Numbers:	Contact 1: _____ Work: _____ Home: _____ Mobile: _____	Contact 2: _____ Work: _____ Home: _____ Mobile: _____
Name of Child's Doctor:		
Address of Doctor's Surgery:	Line 1: _____ Line 2: _____ City: _____ Postcode: _____	
Contact Number for Doctor's Surgery:		
Medical Conditions:		
Medication(s) Required:		

This **must be** completed for all children!
Please return no later than **Wednesday 4th September 2024**.
Will be given out first week back in September

Medication Form



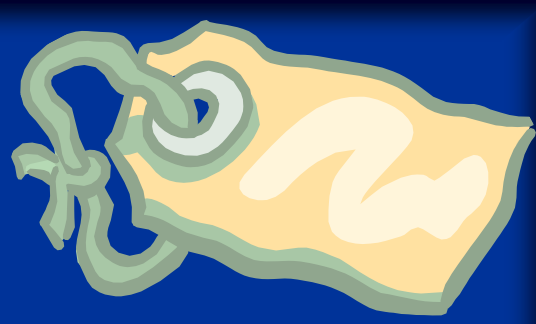
- Please complete the Medication Form and hand it back on or before Wednesday 4th September.
- If possible, please hand any medication required to Mr Gallagher/Ms Thompson on or before Wednesday 4th September with the 'Administration of Medication' form.
- All medication must be prescribed and clearly labelled, with name, what used for, when and how to be taken (the pharmacist can do this for you if bought over the counter).
- Please ensure that you sign the relevant part of the form to enable us to give your child emergency pain relief (Calpol)

PGL Insurance

- www.pgl.co.uk/insurance
- Please read the Key Facts and Insurance Policy.
- Mobile phones are not permitted on site and are not covered by PGL insurance



Each child requires:



- Bedding will be provided by PGL!
- One bag (suitcase/holdall with wheels) – clearly labelled with child's name.
- A large plastic bag for dirty washing.
- Small plastic bag for placing dry clothes in prior to wet activities.
- Rucksack to carry water bottles or sweets (small bag)
- All belongings to be clearly labelled.
Drying room is a great black hole!



Contents of suitcase/holdall

- Old clothes, which can be discarded upon return, including old trainers. Don't throw any out this summer.
- Several pairs of long legged trousers – joggers ideal- full t-shirts only please for activities!
- Adhere to kit list – definitely need warm layers for evening entertainments.
- Towels – identify with your child which for use after activities and which for showering!
- Name anything you want returned!
- A 'bin bag' clearly labelled with child's name and 'dirty clothes'.
- A plastic bag for children to take clothes in to 'wet activity' and put wet clothes in after the activity.
- PGL request No aerosols as these can set off the smoke alarms.



No cameras, mobile phones or anything of value



- Children's individual rooms are not locked and we do not want anything to go missing;
- Jewellery is advised left at home (no fitbits, earrings);
- Staff will take cameras, and pictures will be added to the Year 6 Twitter page (X).
- If you have requested that your child is not to have their photograph taken in school, they will be omitted from any PGL photographs.



Pocket money

- Maximum of £20. We prefer 4 x £5 notes for efficiency.
- Money to be brought into school on Monday 9th September in a labelled clear zip lock bag.
- Staff will look after the pocket money to avoid anyone losing theirs.



Refreshments

- Bottle of water (clearly named) which can be refilled for the activities is essential.
- Sensible 'treats' are allowed – but please assist us in not sending too many
- Lunch that day at home unless your child is in school from the morning.





Adventure activities

- Abseiling
- Aeroball
- Archery
- Canoeing
- Challenge Course
- Climbing
- Eco Trail
- Fencing
- Giant Swing
- High Ropes Course
- Jacob's Ladder
- Kayaking
- Low Level Ropes Course
- Orienteering
- Problem Solving
- Raft Building
- Rifle Shooting
- Sensory Trail
- Sports and Team Games
- Survivor
- Trapeze
- Vertical Challenge
- Zip Wire



Catering and dietary needs

- 3 nutritious, balanced meals per day
- Self-service salad bar
- Vegetarian option
- Special diets catered for by prior arrangement
- Sample menus available online: www.pgl.co.uk

Contact details

- Please provide the contact details in respect of the week of the holiday;
- All staff will have mobiles and it is essential we can contact you in an emergency;
- If you are 'escaping' too, please provide us with a mobile number;
- Or name and number of someone who can give permission on your behalf.
- Birthdays?



Any questions?

- Arrival Monday 12:15 pm
- Return to school between 3:00pm – 3:30pm
- Medication details
- All items labelled
- Old clothes, trainers etc.
- Nothing of value, no mobile phones, cameras, jewellery
- Pocket money £20 (4 x £5)
- Sensible 'treats'
- Hairdryer – 1 per room
- Contact details for week away

Thank you!

