

Invasion Games

Aims		
The national curriculum for physical education aims to ensure that all pupils: • develop competence to excel in a broad range of physical activities • are physically active for sustained periods of time • engage in competitive sports and activities • lead healthy, active lives.		
National Curriculum:		
Key Stage 1	Key Stage 2	
Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.	Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.	
Objectives:		
Key Stage 1	Lower Key Stage 2	Upper Key Stage 2
	Continue to develop fundamental movement skills and become increasingly confident and competent; Apply a broader range of skills, learning how to use them in different ways Be able to engage in competitive and cooperative physical activities in a range of increasingly challenging situations, and enjoy communicating, collaborating and competing with	Apply and develop a broader range of skills, using them in different ways and linking them to make actions and sequences of movement; Develop an understanding of how to improve in different physical activities and sports, and learn how to evaluate and recognise their own success; Further develop and understand resilience and fairness in

		each other;		sports;	
Learning Outcomes:					
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
		Throw and catch with control to keep possession and score 'goals';	Play games with some fluency and accuracy, using a range of throwing and catching techniques;	Pass, dribble and shoot with control in games;	Use different techniques for passing, controlling, dribbling and shooting the ball in games;
		Pass and dribble with control without opponent;	Pass and dribble with control under pressure;	Identify and use tactics to help their team keep the ball and take it towards the opposition's goal;	Apply basic principles of team play to keep possession of the ball; use marking, tackling and/or interception to improve their defence;
		Be able to bounce the ball in the direction of a target;	Find ways of attacking successfully when using other skills;	Identify tactics that present opportunities to score goals	Play effectively as part of a team;
		Know and use rules fairly to keep games going;	Use a variety of simple tactics for attacking well, keeping possession of the ball as a team, and getting into positions to score;	Mark opponents and help each other in defence;	Know what position they are playing in and how to contribute when attacking and defending;
		Say when a player has moved to help others;	Know the rules of the games;	Pick out things that could be improved in Performances and suggest ideas and practices to make them better	Recognise their own and others' strengths and weaknesses in games;
		Apply this knowledge to their own play	Understand that they need to defend as well as attack;	To develop their own game and to be able to agree and teach the rules of it;	Suggest ideas that will improve performance
		Suggest warm-up activities;	Understand how strength, stamina and speed can be improved by playing invasion	Know how to make games safe;	Be able to describe an
				Be able to attempt to	

			games; Watch and describe others' performances, as well as their own, and suggest practices that will help them and others to play better Be able to move to the correct position in order to attempt to score; Lead a partner through short warm-up routines;	intercept Be able to participate in small sided game e.g. 5 a-side Understand the need for warming up and working on body strength, tone and flexibility; Lead small groups in warm-up activities;	attacking position and a defending position within a game situation; Know and understand positions that help attacking and defending positions within a game; Understand the importance of warming up and cooling down;
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