

How we deliver our Anti-Bullying Approach

At St Paschal Baylon Catholic Primary School we are committed to ensuring that all of our children can work, play and grow in a happy, safe environment. We are a Rights Respecting School and always strive to know and understand the articles in the Convention on the Rights of the Child to ensure that individuals access their rights, whilst also respecting the rights of others.

Our staff are dedicated to ensuring that our children are taught a high quality PSHE and RSHE curriculum which gives them the knowledge, skills and attitudes they need to develop healthy, respectful relationships and so that they can go on to become active, responsible, confident and articulate citizens of the future.

Our children are taught about what constitutes bullying in all of its forms throughout the My Life PSHE scheme in a layered approach from EYFS to Year 6 through the following units.

Year Group	My Life Units
EYFS	• Friendships
Year 1	• Feelings and Special people • Staying Safe
Year 2	• Feeling Included
Year 3	• Safety Online • Being Part of a Community
Year 4	• Respect • Falling Out and Making Up
Year 5	• Changes in Friendships
Year 6	• Anti-social behaviour & the Role of the Police and the Law • Sex Education • E-Safety and Social Media

These lessons run alongside daily teaching through our school culture and ethos which demonstrates respect, tolerance, Christian love and understanding in our daily lives. All school staff model the correct way to treat others with respect and support and educate children about this in all of their interactions with them.

Our children are taught the different forms that bullying can take and how to respond and react if they feel that they or someone they know are victims of bullying.

Type of Bullying	Definition
Physical Bullying	A physical action intended to hurt or intimidate another person e.g. punching, kicking, tripping, touching the person or their possessions in unwanted or inappropriate ways.
Verbal Bullying	Using cruel or abusive language (written or spoken) to hurt another person e.g. repeated name-calling, making threats or making disrespectful comments about their appearance, gender, race, culture or sexual orientation. This also includes the use of racist, sexist or homophobic language.

Emotional (Psychological) Bullying	Actions and behaviour intended to negatively affect another person's mental health and/or wellbeing e.g. deliberately isolating or excluding them, humiliating them or manipulating them.
Cyberbullying	Using electronic and online communication such as social networking sites, gaming sites and chat rooms or messaging apps to send hurtful messages or make offensive comments about another person
Sexual Bullying (harassment)	Targeting someone with sexual actions or comments, including uninvited inappropriate touching, sharing of intimate photos of someone without permission

We also take part in events such as Anti-Bullying Week, Safer Internet Day and various days linked to our Rights Respecting Schools status such as International Day for the Rights of Disabled People.