



St Paschal Baylon
Catholic Primary School



Following In The Footsteps Of Christ

Physical Education Policy

Policy Formation and Consultation

- Revised in Spring Term 2022.

Aims and objectives of the policy and teaching programme:

- To enable children to develop confidence and excel in a broad range of physical activities.
- To provide opportunities for children to become physically confident in a way which supports their health and fitness.
- To promote a life-long love of sport.
- To inspire all children to succeed and excel in competitive sport and other physically-demanding activities.
- To ensure safe practice amongst all children, with good sporting behaviour and team spirit.

Organisation:

- Mrs A. Carr is the Physical Education Subject Lead.
- Little League Sports and LSSP provide qualified coaches to teach EYFS, KS1 and KS2 classes.
- In EYFS the subject is divided into four categories (Fundamental Games, Gymnastics, Dance and Athletics).
- At Key Stage 1, the subject is divided into four categories (Games, Gymnastics, Dance and Athletics).
- At Key Stage 2, the subject is divided into nine categories (Outdoor Adventurous Activities, Fundamental Games, Net and Wall Games, Invasion Games, Striking and Fielding Games, Gymnastics, Dance, Athletics and Swimming and water safety).
- Year 6, 5 and 4 attend swimming sessions at Liverpool Aquatics Centre, in 10-week blocks to meet the National Curriculum requirements.
- Children who cannot swim 25 metres, by the end of 10-week swimming block in Year 6 will attend a top-up programme during the Summer Term.
- Year 6 also take part in a residential trip to PGL, for 5 days, in September to experience a variety of outdoor and adventurous activities, including water sports and orienteering.
- Through the Enrichment Programme, all children experience a range of activities throughout the year, such as dances from other cultures, lacrosse taster sessions, 'Dunk the Junk' and themed days e.g. 'The Olympics' and 'World Athletics Day'.
- A group of 20 children (from Year 5 and 6) take part in Young Leader Training every year and work with younger children during lunch times (this is overseen by an assigned Lunchtime Supervisor).

Teaching of PE:

- Children throughout the school (EYFS, KS1 and KS2) receive 1-2 hours of quality PE each week.
- To cater for all learners, PE lessons contain visual demonstrations, from teacher, pupil and often Young Leaders. (Pictures, diagrams and videos are also widely used.)
- The children are given the whole picture and the learning objective is shared at the beginning of each lesson.

- Teachers draw attention to good examples of individual performance as models for the other children and encourage the children to evaluate their own work as well as the work of other children.
- Children are given opportunities both to collaborate and to compete with each other.

Monitoring and Evaluation:

- Every child is assessed at the end of each half term to ensure continuity, progression and achievement in PE.
- Formative assessments are made of each child during lessons.
- A summative assessment of each child's progress in PE is provided over the year, which will be shared with parents in their child's end of year report.
- Parents/carers will receive a verbal report at parents' evening (Autumn and Spring Term).

Achievement is shown through:

1. Individual development of skills each year.
2. Performance during competitions.
3. Increase in the number of children attending and enjoying sports clubs.
4. An improvement in health, confidence, motivation, attitude and self-esteem.
5. Through pupil questionnaires, co-coaching feedback and lesson observations.
6. Annual assessment of cohort.

Health and Safety

Safety is paramount when planning and delivering PE. Therefore, teachers and coaches should refer to the following guidelines:

- Safety aspects should be considered prior to the task.
- Children should be alerted to any hazards before the lesson begins and reminded of safety procedures.
- Children should develop their own abilities to risk assess.
- Teachers and coaches should be aware of the procedure to follow in the event of an injury during a lesson.
- Children must be appropriately clothed in school PE Kit at all times.
- Children will come to school wearing their PE Kit on their designated PE day.
- No jewellery or watches must be worn during PE lessons.
- Pumps or trainers must be worn for outdoor lessons.
- Any children who are not wearing school PE kit must provide a note. If a child fails to bring in their PE kit for two consecutive weeks, then a text message will be sent to inform their parent/carer.

Pupils will be taught to:

- Lift and carry equipment safely.

- Respond readily to instructions.
- Adopt good posture.
- Be concerned with their own and others safety.
- Understand the importance of warming up and cooling down.

Inclusion:

- Individual Education Plans are used to identify the support necessary to meet the needs of SEN children in PE. These plans are confidential and the SENCO or Class Teacher will advise PE teachers on any individual matters.

Community links through PE:

- Liverpool School Sport Partnership (LSSP).
- Little League Sports
- Liverpool Harriers
- Mersey Mavericks
- PLT schools; St Gregory, Norman Panel, Much Woolton and Bishop Martin.
- Bellefield Academy/ Everton Football Club
- Liverpool Academy/Liverpool School Boys
- Swimming coaches, Lifestyles, Liverpool Aquatics Centre.
- Judo 6-week programme.
- Ski Course – Liverpool Primary Ski Association.

Extra-Curricular Activities:

- EYFS, KS1 and KS2 Dance – Paparazzi Dance.
- EYFS, KS1 and KS2 Football (boys and girls) – Mr Woods/Mr Felton/ Mr Gallagher/Mr Coburn.
- Hockey – Miss Wilson.
- Year 5 and 6 Netball – Mrs Carr and Miss Martin.
- Year 4, 5 and 6 Cross Country – Mrs Carr and Mr Felton.
- KS2 Athletics – Mrs Carr and Mr Felton.
- Gymnastics – Little League Sports.
- Multi Sports – Little League Sports.
- Active Play Times – Mrs Lunt/ Young Leaders.

Dissemination:

The PE Policy will be made available to all teaching staff and to those who have access to the Staff Handbook. There will also be a copy of the policy kept by the Subject Lead Mrs A. Carr and an electronic copy kept on the school's Shared Drive.