



St Paschal Baylon
Catholic Primary School
Following In The Footsteps Of Christ

March/ April 2022

Issue 45



Article of the Month for March...



The team chose this article to coincide with Fairtrade Fortnight. Fairtrade helps farmers and workers in poorer countries to sell their produce at a fair price. We thought that families, through Fairtrade, are able to raise their children to enjoy a better standard of living. See next page for more information.

Reporters: Kyla (Year 3); Caitlin (Year 4)

Article of the Month for April...

There were a selection of rights discussed for April during our Rights Ambassador's meeting; however, it was article 20 which eventually received the most votes. This was because we believe that all governments should ensure that children are *always* looked after by people who can be trusted to care for them properly.



We felt this has been highlighted in the news recently, as there have been reports on children being neglected or displaced by war. We feel strongly that that *all* adults who are responsible for children's care commit to Article 20, and not only care for children's emotional and physical wellbeing, but ensure that their religious and cultural needs are met also.

Link Reporter: Leo (Year 3)

ReAction Update..

Our group were visited by Hetty Myles, from The Whitechapel Centre, a homeless persons' charity. She explained to the group all the causes of homelessness and answered lots of questions. She also thanked us for our recent collection of hats, scarves and gloves.

As last term saw the start of Lent, we looked at the meaning of Lent and how we can make a difference during the 6 weeks. We started by making our Lenten promises and then a few weeks later we revisited them to see how we were doing so far. Many of the group had done really well by keeping their promises. Some of the promises involved helping other people in a small way.

Near to the end of term we looked at the stations of the Cross and we drew pictures representing each station which was part of Jesus's journey to his crucifixion.

We have now said goodbye to our year 3 members and thanked them for all their hard work. Year 4 will now be joining together with Years 5 and 6 in this new term.

Mrs. Kelly

Fairtrade Fortnight 2022...

What is Fairtrade?

SPB, as they do each year, were reminded about the importance of Fairtrade. Fairtrade is about better prices, safe working conditions, local sustainability and fair terms of trade for farmers and workers. Fairtrade allows farmers to take control of their businesses and it supports small farmers and workers in various ways. It also protects workers basic rights, for example, it makes sure they are working in a safe environment. It is used in South America, Africa and India. Fairtrade fortnight this year is 21st February- 6th March. LOOK OUT FOR FAIRTRADE LOGOS NEXT TIME YOU GO TO THE SHOPS!

Reporter: Caitlin (Year 4)



Cocoa farmers in places like Ghana need your help.



SPB Does *Red Nose Day*..



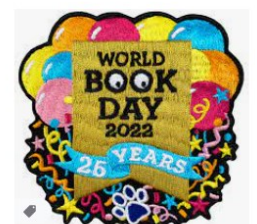
On Friday 18th March, SPB celebrated *Red Nose Day*. We dressed up in red or wore our own clothes. In addition to this, we took part in some fun activities such as 'Nose and Spoon Races' (Article 31) and sold 400 red noses! All the money we raised went to the Comic Relief charity. It will help to provide support to a young person in the UK through a mental health helpline or online chat, reading books for children in Uganda (Article 28), mobility aids for young disabled people in Malawi (Article 23) and meals for children and families most in need in the UK (Article 24). Not only does the donated money help all of these people, but it can also fund projects such as North East Sight Matters who help children like nine-year-old Teddy who has cerebral palsy, epilepsy and a visual impairment try new things, gain confidence and make new friends. A huge thank you to all who took part or made a donation to this worthy cause!

Miss Martin



World Book Day. 2022..

As we do every year, SPB participated in *World Book Day*. We celebrated *authors*, *illustrators*, *books* and most of all *reading and sharing stories*! Some children came to school dressed as characters from their favourite book, whilst others came to school ready for a bedtime story in their cosy pyjamas or onesies! Each year group celebrated the joys of reading in a range of different ways. Well done everyone—you all looked fantastic!





SPB SUPPORTS SUSTAINABILITY!



Global Goal for March...

Goal 10: Reduce inequality within and among countries

This month we have been learning about equality within and among countries. We have talked about the word equal and what that means to us. The children know that it doesn't matter about our gender, age, religion or appearance, we should all be equal and all have equal opportunities. Unfortunately this is not always the case.



Global Goal for April...



Goal 3: Ensure healthy lives and promote well being for all at all ages.

We have chosen to focus on this goal this month as on Thursday 7th April it is World Health Day! Here are a selection of slides which were presented to the children of SPB as part of their learning..

Talk about How We Are Feeling

How do you feel today? Sometimes we feel happy, other times we may feel sad. By talking about how we are feeling, we can celebrate the happy and exciting things and support each other to feel better when we feel unhappy or worried.

You can talk to your family, friends and grown-ups. Other people can help you work out how to solve a problem, or sort out things you are worried about.

It is very important to tell a grown-up if you don't feel well or if you hurt yourself so that they can help you to help better.

It is fun to share things that make you happy too! What makes you happy? Can you tell a friend how you are feeling? Try telling a grown-up too.



Eat a Balanced Diet

Eating a balanced diet means eating lots of different types of foods. We should eat healthy foods, such as fruit and vegetables. We can eat other foods like cakes and chocolate too, but we shouldn't eat too many of these.

It is really important to have lots to drink too. Water is a good option, but you may like to drink milk, fruit juice, squash and hot drinks too.

What are your favourite foods? What do you like to drink?

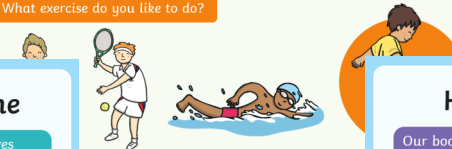


Do Some Exercise

Doing exercise helps our bones and muscles to grow strong. Exercise helps us to stay fit and healthy.

There are lots and lots of different types of exercise – you could play a sport, such as football, do some dancing, go for a walk or go swimming. You could play games with your friends that include running or moving in different ways, such as hopping or skipping.

What exercise do you like to do?



Look after Our Personal Hygiene

Looking after our personal hygiene means we need to keep ourselves clean. We need to wash and have baths or showers to keep our bodies clean. We need to wash our hair too.

We need to wash our hands lots of times throughout the day. Washing our hands after going to the toilet and before we have anything to eat and drink is particularly important. Don't worry if your hands get dirty while you are playing, just give them a wash with some soap.

Brushing your teeth is very important to make sure your teeth are clean and healthy.



Have Plenty of Rest and Sleep

Our bodies will tell us when we need a rest. Sometimes when we are playing, we will need to stop for a rest – especially if we have been running around!

We need to get lots of rest and sleep at night time too. Getting a good night's sleep helps our bodies to grow and makes us feel better. We will feel sleepy if we do not get enough sleep and this means we are not able to learn or play properly.

What do you do before you go to bed? Do you like having a bedtime story?



See if you can keep these in mind to ensure that you are healthy, happy and ready to learn!

Miss Johnson

Global Recycling Day 2022...

Wear Share Care

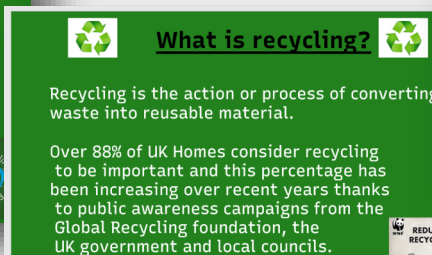
On Friday 18th March it was **Global Recycling Day** so, as well as exploring why recycling is important, we teamed up with **Radio City** to take part in their amazing event called **Wear Share Care**.

The project aim is to recycle old clothes and materials while raising money for a great charity called **Cash for Kids** which supports disadvantaged children in Liverpool.



The children brought in old clothes, shoes, handbags and belts to be recycled. We were so impressed at the children's donations! We are hoping to have raised lots of money for the charity. Radio City will be in touch soon to let us know our total raised- Well done and thank you to everyone!

Miss Johnson



Well Done Debate Club!

A number of **Year 3 and 4** pupils have been learning how to articulate their views and enhance their ability to have their **voice heard** (Article 12) through taking part in an after school debate group, which they attended over a series of weeks. This culminated in a competition involving other schools at **Liverpool Hope University** on Monday 4th April. Congratulations to all the members of debate team for the way they represented SPB.

Well done Debate Club!

Mr. Felton

