



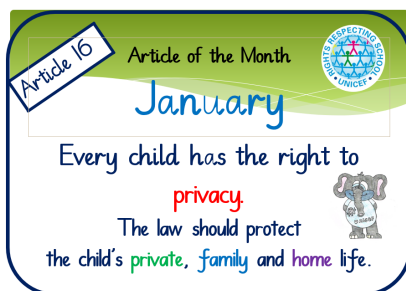
St Paschal Baylon
Catholic Primary School
Following In The Footsteps Of Christ

January/ February 2022

Issue 44



Article of the Month for January.



Reporters: Marina & Patrick (Year 3)

The Rights team chose this article because we think it is important for children's mental health and wellbeing to have privacy in their life. Our family life and our home life should be private as long as everyone is safe and happy. If a child's private life is not protected by the government, it could be damaging.

Article 13 was chosen for February as it links with *World Thinking Day*.

This article states that children should be free to say what they think and we believe that this is extremely important as our thoughts are directly linked to our feelings and actions. If we are not allowed to say what we are thinking, this can lead to us feeling worried and anxious. We know that talking about our thoughts and feelings is good for our mental health.



Reporters: Constance & Leo (Year 3)

ReAction Update..

We have been very busy for this last term. We have started to put together our very own prayer book with contributions from both groups. Jasmine and Samuel have designed a lovely cover for it.

At the end of January, we organised a collection of unwanted hats, scarves and gloves which we donated to the people living on the street to help keep them warm. Recently we invited Mrs Scrimshaw in to teach us how to knit and are planning to knit a small square each which can be joined up to make into a blanket for a homeless person. Thank you Mrs Scrimshaw for your patience!!

This week we look forward to a visitor from the Whitechapel Centre who will talk to us about the work that they do in our city to help the homeless people.

Children's Mental Health Week 2022...

7th-13th February was Children's Mental Health Week and the theme was 'Growing Together.' We found out about how we all grow emotionally as well as physically. We talked about how sometimes we might need to overcome our fears and try something new to grow emotionally and we also talked about how sad or difficult times can also help us to grow emotionally as long as we have the right support to help us.



We all enjoyed watching the live online sessions from Merseyside Youth Association's RAISE Team which reminded us about the ROAR rainbow for helping us to talk about how we feel and discuss ways we can move ourselves up the Rainbow when we are feeling a 1,2 or 3. The sessions also helped us to think about how we can help others to grow emotionally using the example of Blob and the Blob Tree.

We watched an online assembly created by the fantastic children's mental health charity Place 2 Be which featured Oti Mabuse from Strictly Come Dancing. The assembly encouraged us to set ourselves some emotional growth goals such as 'try something new' or 'be confident to share my ideas' and helped us to think of ways we can reach that goal.

Each year group in school tried lots of activities this week to celebrate and learn about Growing Together. Gruffalo and Elmer class enjoyed watching the assembly and they also read a story all about trying new things and being brave.



Years 1, 2 and 3 read a story about how we can sometimes feel like we have to be happy all of the time – which is really hard to do! But that when others reach out to us and are kind and we give ourselves a little bit of rest and support, we can soon be back feeling happy and smiley again!



Class 3A also watched the story The Ugly Duckling, before inserting words and pictures into a swan template, recording things they have learned to do as they have grown up.



Chloe (Year 3)



Saoirse (Year 3)



Megan (Year 4)



Eivi (Year 4)

Lots of classes enjoyed making support balloons. These are balloons you can make which show all of the important people we have around us who are there to help us grow emotionally. The balloons look amazing! I am sure that we will all take away the message from this week that we are all growing emotionally every day and it's so important to look after ourselves as we grow and to be kind to others and help them to grow emotionally too.



SPB SUPPORTS SUSTAINABILITY!



This month, we have chosen to focus on Goal 15: **'To protect, restore and promote sustainable use of forests.'**

This month we have been focusing on the use of our forests. How we can protect them and why that is important. We have researched into sustainable use of forests and why this is good for our planet.

FACT

- Forests cover 30% of our world!
- Agriculture is the leading cause of deforestation.
- 80% of the world's land animals and plants live in forests.
- Deforestation can cause flooding.

"A flourishing life on land is the foundation for our life on this planet!"

'We are all part of the planet's ecosystem and we have caused severe damage to it through deforestation, loss of natural habitats and loss of land. Promoting a sustainable use of our ecosystems is not a cause... it is the key to our own survival.'

FIGURE

WITHIN 100 YEARS, RAINFORESTS COULD BE COMPLETELY WIPED OUT IF WE DON'T ACT SOON!

GOALS

15.2; By 2020, promote sustainable management of all types of forests, stop deforestation, restore degraded forests and increase the planting of trees.

15.5; Take urgent and action to reduce the degradation of natural habitats.

Our voice...

What we think about our forests-

Forests are important because...

"If we cut trees down the animals will have nowhere to live."

Emily, Reception

"They help us breathe oxygen."

Harriet, Year 1

"They add colour to our world!"

Connie, Year 2

February's Goal

In February we will be focusing on goal number 14, Looking after life below the water.



Healthy oceans and seas are very important for us to live. They cover 70 percent of our planet and we rely on them for food, energy and water. But we have managed to do so much damage to these precious resources over the years. We must protect them by stopping pollution and overfishing and making a start to manage and protect all sea life around the world.

Here's how you can help...

Here are some ideas of how we can help to look after our seas and sea life.



Holocaust Memorial Day 2022...



Thursday 27th January was Holocaust Memorial Day; a day on which we can honour, remember and pray for all those affected by these harrowing events. The theme this year was **One Day**.

January 27th was **One Day** that we put aside to come together to remember and to learn about the Holocaust, Nazi persecution and the genocides that followed. We do this in the hope that there may be **One Day** in the future with no genocide.

As a school, we spent time reflecting on some of those people who were affected by the Holocaust, as well as taking part in some activities which enabled us to find out more about specific people who were impacted by this tragedy. We also thought about the importance of speaking out on behalf of others whose rights are taken from them.

As part of our Rights Respecting Schools mission, it is important for us to learn more about the past, to empathise with others today, and take action for a better future.



Safer Internet Day 2022..



As a school, we celebrated Safer Internet Day 2022 with each year group completing a different activity.

This year's theme was 'All fun and games?', which focused on the issue of respect and relationships online'. Children, through the use of social media and apps, are shaping the technological world they live in, through texting, facetimeing and creating media – they need to be educated in how to be respectful at all times and form positive relationships with their interactions online.



Safer Internet activities carried out around the school, linked to Article 13 of the UN Convention on the Rights of the Child: 'Children have the right to share freely with others what they learn, think and feel, by talking, drawing, writing or in any other way unless it harms other people.'