



What's On in Knowsley: Winter Half Term 2021

ADDvanced Solutions Community Network has a blended face-to-face and online offer to support children, young people, families and professionals in the Knowsley area.

We offer:

- face-to-face and online Community Network Groups
- face-to-face and online learning workshops for parents and carers
- face-to-face and online learning workshops for professionals
- telephone and email support

Our online offer is delivered using Zoom for Healthcare. If you are using a phone, you will need to download the Zoom app beforehand. The details we request are kept securely and used in line with our privacy policy:

<https://www.addvancedsolutions.co.uk/policies/privacy-policy.html>

If you are accessing our online offer using your mobile phone, please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Our COVID-19 Health & Safety commitment to you for face-to-face attendance

We will:

- Follow government guidance
- Test our team regularly
- Offer hand sanitiser, face masks and face visors, if desired
- Observe social distancing measures

We ask that you:

- Follow government guidance
- Do not attend if you have any COVID-19 symptoms
- Follow our registration process
- Respect the venue, and our team's requests around observing COVID-19 health & safety measures
- Observe social distancing measures
- Understand that we may need to limit face-to-face attendance

PLEASE NOTE: In the event that government COVID-19 guidance changes, we will have an alternative online offer for our face-to-face sessions.



Community Network Groups (face-to-face and online)

This half-term, in response to feedback from families, we will be delivering a blended offer of face-to-face and online Community Network Groups.

Community Network Groups provide a discussion based opportunity to develop your understanding around neurodevelopmental conditions (NDCs), to ask questions and share learning and experience. You can talk to other parents, the ADDvanced Solutions team and **visiting professionals** who can help and support you.

- To attend a face-to-face group, just drop into the venue listed below
- To join an online group, [click the appropriate registration link below](#)

Community Network Group (online only)

Mondays 9:30am-11:00am

Location: Online

[To join online: please click here to register](#)

8th November:	Understanding ADHD
15th November:	Supporting your Child to Access Learning
22nd November:	Tantrums vs Meltdowns
29th November:	Communicating with your Child
6th December:	Understanding Autism
13th December:	Preparing for the Christmas Holidays

Community Network Group (face-to-face only)

Wednesdays 9:30am-11:30am

Location: Old School House Community Project, St. Johns Rd, Liverpool, L36 0UX

3rd November:	Homestart (0-5yrs)
10th November:	Exclusions
17th November:	Disability Benefits - DLA/PIP and Carer's Allowance
24th November:	Knowsley Educational Psychologist
1st December:	Supporting your Child to Access Learning
8th December:	SEND - Graduated Approach
15th December:	Preparing for the Christmas Holidays



Community Network Group (online only)

Wednesdays 5:00pm-6:30pm

Location: Online

[To join online: please click here to register](#)

- 3rd November:** Understanding Autism
- 10th November:** Supporting your Child to Access Learning
- 17th November:** Supporting Sleep Difficulties
- 24th November:** Understanding Executive Functioning
- 1st December:** Understanding Theory of Mind
- 8th December:** Understanding ADHD
- 15th December:** Preparing for the Christmas Holidays

Coffee Mornings

We are happy to attend any face-to-face coffee mornings and/or online sessions to explain our current offer to families and professionals. Please contact the office.



Sensory Processing Difficulties Learning Workshops (online)

Our Sensory Processing Difficulties learning workshops will be delivered as webinars. It is recommended that you attend all three sessions.

Monday mornings - 10:00am-11:30am

[Please click here to register for the three sessions.](#)

- 15th November:** Introduction to Sensory Processing Difficulties
(Session 1 of 3)
- 22nd November:** Emotional Regulation and Praxis
(Session 2 of 3)
- 29th November:** Sensory Strategies
(Session 3 of 3)



ND Family Learning Programmes (face-to-face and online)

This half term, we are providing the opportunity to attend an online Family Learning Programme. A face-to-face option will be available next half term.

Our Neurodevelopmental Conditions Family Learning Programme provides an opportunity for parents and carers to gain understanding and skills about neurodevelopmental conditions including autism and ADHD (pre, during and post-diagnosis) with strategies to support the difficulties that may present:

- Neurodevelopmental conditions/specific learning difficulties and associated mental health difficulties
- Autism Spectrum Disorder/Condition (ASD/C)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Sensory Processing/Integration Difficulties (SPD)
- Supporting behaviours associated with neurodevelopmental conditions
- Your local offer, welfare rights and special educational support

If attending the online Family Learning Programme, this will be delivered in webinar format. A webinar is a platform where you are not visible or heard by others joining the training. You can type any questions into the chat, and these will be answered during or at the end of the session.

ND Family Learning Programme (online)

This online programme will be delivered over six sessions.

Monday evenings from 6:30pm - 8:30pm

[To join this online programme: please click here to register](#)

Monday 8th November	Monday 29th November
Monday 15th November	Monday 6th December
Monday 22nd November	Monday 13th December

Supporting Behaviours that Challenge Family Learning Programme (face-to-face)

Our Supporting Behaviours that Challenge Family Learning Programme is for parents and carers who wish to gain understanding and skills about their child/young person's behaviours that challenge in order to identify what's really going on, whilst learning strategies to support them.

This face-to-face programme will be delivered over four sessions.

Friday mornings from 10:00am - 12:00noon

To book your place, please call the office on 0151 486 1788

Friday 19th November	Friday 3rd December
Friday 26th November	Friday 10th December

Location: To be confirmed.



Learning Workshops for Families (online)

Our learning workshops, delivered as webinars, have been designed for families to better recognise, understand and support their own needs and those of their children and young people living with neurodevelopmental conditions.

Please click the appropriate link(s) below to register:

Thursday 11th November

10:00am-12:00noon: [Autism and Communication](#)

Thursday 25th November

10:00am-12:00noon: [Neurodevelopmental Conditions and Girls](#)

Learning Workshop for Supporting Sleep Difficulties (online)

Our trained sleep practitioners will present a webinar on sleep difficulties faced by children and young people with neurodevelopmental conditions, and offer suggestions and strategies to improve their sleep routine. **Please click the link below to register:**

Thursday 2nd December

9:30am-12:30pm: [Supporting Sleep Difficulties](#)

Professionals Learning Workshops (online)

Our Professionals Learning Workshops, delivered as webinars, will support you and your organisation to better recognise, understand, and improve outcomes for the children, young people, and families that you work with

Please click the appropriate link(s) below to register:

Thursday 11th November

3:30pm-5:30pm: [Sensory Processing Difficulties](#)

Thursday 2nd December

3:30pm-5:30pm: [Autism and Girls](#)

Christmas Party! (face-to-face)

Come and meet Father Christmas and his elves at our special Christmas Party for children with neurodevelopmental conditions and their siblings! You can dance, play games, and join in the fun! Father Christmas will have a gift for every child!

Our Knowsley Christmas party will be on **Tuesday 7th December**
from 4:30pm-6:30pm in **To be confirmed.**

To book your place, please contact the office on 0151 486 1788.

Details will be available upon registration.





Children's Activities - "Dance your socks off Thursday!" (online)

Join us for our "Dance your socks off Thursday" party for children with neurodevelopmental conditions and their siblings, running from **4:00pm-5:00pm** (see dates below).

We will be partnering with Aladdin's Cave Entertainment to deliver a party to provide an opportunity for your child to dance, have fun and play games. Come and burn off some energy and put on some party clothes if you would like.

[Click here to book your child's place for all four sessions.](#)

Thursday 4th November

Thursday 11th November

Thursday 18th November

Thursday 25th November



 Follow us on Twitter: @ADDvancedSol

 Follow us on Instagram: @ADDvancedSolutions

 Like us on Facebook: ADDvanced Solutions Community Network

Join our closed Facebook group for parents and carers:
ADDvanced Solutions Community Network Discussion Group

For full details and descriptions of the events listed in this 'What's On' newsletter, please visit the What's On section on our website ADDvanced Solutions Community Network and view the calendar listings.

The Team at ADDvanced Solutions Community Network will be taking a break over the Christmas period. The office will be closed from Tuesday 21st December 2021 and will re-open on Thursday 6th January 2022.



If you need any support or help during this period please find the urgent support information below.

Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, **we have listed the local area crisis contact details on our urgent support page, which you can find on our website: www.addvancedsolutions.co.uk under the 'Contact' menu option**, where you will also find links to national organisations that can offer support.

Click [HERE](#)