



Dear Parents, Guardians and Children

As you know, Fr Colin will shortly be visiting schools to celebrate the Sacrament of Reconciliation. This is when your child will make their First Confession, which must be done before they can receive their First Holy Communion.

There will also be a preparation session beforehand, this will take place early next week in school. Prior to that we would like you to have a look at this mini session at home with your child. This will give them some background on Reconciliation. We have also included some prayers which they will need to know and it would help if you could practice saying these with them.

Please email completed worksheets to your Catechist or send them to school and they can be forwarded to us

Thank you

Fr Colin and the Catechist Team



With You Always at Home
Session 4 Reconciliation

What is a sin?

*Everybody makes mistakes and gets things wrong at times, but sin is more than making a mistake. Sin is **knowing** that our actions will **upset** or **hurt** someone else. When we sin we also turn away from God, so we need to say sorry to Him and ask His forgiveness. This is why we have the Sacrament of Reconciliation which is our chance to say sorry and start again .*

Good/Bad Choices

Jesus had a lot to say about making the right choices. In the bible we read that He said “what you do to others, you do to me”, so we know that if we hurt someone by our actions we are also hurting Jesus.

In your family ask each other these questions, and write down the answers;

1.How easy do you find it to say sorry?

2.How do you feel when someone says sorry to you?

3. Have you ever chosen to do something that you knew was wrong, if so, what happened afterwards?

4. How important are love and forgiveness in your home?

PRAYERS TO LEARN BEFORE FIRST CONFESSION

*Bless me Father, for I have sinned,
this is my first confession.*

(the children will say this at the start of their confession)

And the Prayer of sorrow:-

*O my God, because you are so good
I am very sorry that I have sinned against You and my neighbour
By the help of Your grace
I will not sin again
Amen*

(Fr Colin will ask them to say this after they have made their confession)

If you have any problems or need any advice, please get in touch with your Catechist who will be able to help you.