



# Simon – The Helper

- **Equipment**

Paper, pens, scissors

- **Set up**

On a piece of paper, draw around your hand and then cut out the shape

- **Instructions**

When carrying his cross, Jesus had to be helped by a man called Simon.

Who do you know that needs help right now?

Write each name onto a hand shape and pray for them.

What could you, or someone else, do to help them too?

Put the hand shapes somewhere where they will remind you to keep praying.

Luke 23:26