

ROAR Response to Mental Health in Primary Schools

We have signed up to the ROAR Response to Mental Health in Primary Schools which is a programme developed by Merseyside Youth Association's RAISE team. The programme aims to give staff the knowledge, skills and tools needed to provide primary aged children with the knowledge and skills they need to understand and manage their own mental health. The programme also helps staff to provide early intervention and support to children experiencing mental distress.

Staff deliver sessions in school and introduce children to short, daily activities that support children to understand and manage their own mental health. The key is to help children to understand that we all have mental health and that talking about how we feel is the best way to manage our mental health.

Further details of the programme and how parents can support with their children's mental health at home were shared at our Mental Health Workshops for parents in March 2019. These workshops will be repeated in the future. Dates will be released nearer the time.

All teachers and teaching assistants in our school have received training on the ROAR programme and we have two designated Mental Health Ambassadors who have had extended ROAR training:

Miss Kavanagh (Deputy Head teacher)

Mrs Maclean (Learning Mentor)

If you have any concerns or questions about a child's mental health, please talk to any member of teaching staff or one of our designated mental health ambassadors.

