



St Paschal Baylon
Catholic Primary School



Following In The Footsteps Of Christ

Physical Education
Policy
2017-2018

Policy Formation and Consultation

- Revised Autumn Term 2017.
- To be reviewed Autumn Term 2018.

Aims and objectives of the policy and teaching programme:

- To enable children to develop confidence and excel in a broad range of physical activities.
- To develop a sense of worth and an appreciation of the differing abilities of others.
- To ensure safe practice amongst all children, with good sporting behaviour and team spirit.
- To promote a positive and enjoyable attitude to physical activity and a healthy life style.
- To increase the number of children taking part in competitive sports and activities.

Organisation:

- Miss A. Weeder is the PE Coordinator.
- Little League provide qualified coaches to teach EYFS, KSI and KS2 classes.
- Paparazzi Dance provide specialist dance teachers to teach EYFS, KSI and KS2 classes.
- Our assigned LSSP Coach teaches a different year group each half term.
- Foundation Stage follows the Physical Education Programme as part of the six areas of their learning.
- In KSI the subject is divided into three key areas of Games, Gymnastics and Dance.
- In KS2 the subject is divided into four key areas of Games, Gymnastics, Dance and Athletics. Year 3, 4 and 5 go swimming in 10-week blocks to meet the National Curriculum Requirements; Year 2 attend a six week block in the Summer Term and Year 6 children, who cannot swim 25 metres, attend a top up programme in the Summer Term.
- Year 6 take part in a residential trip to PGL, for 5 days, in September to experience a variety of outdoor and adventure activities, including water sports and orienteering.
- Through the Enrichment Programme, all children experience a range of activities throughout the year, such as dances from other cultures, lacrosse taster sessions, 'Dunk the Junk' and themed days e.g. 'The Olympics' and 'World Athletics Day'.
- A group of 20 children (from Year 5 and 6) take part in Young Leader Training every year and work with younger children during lunch times (this is over seen by an assigned Lunchtime Supervisor).

Teaching of PE:

- Children throughout the school (EYFS, KSI and KS2) receive 1-2 hours of quality PE each week.
- To cater for all learners PE lessons contain visual demonstrations, from teacher, pupil and often Young Leaders. (Pictures, diagrams and videos are also widely used.)
- The children are given the whole picture and the objective.
- Coaches and teachers draw attention to good examples of individual performance as models for the other children and encourage the children to evaluate their own work as well as the work of other children.
- Children are given opportunities both to collaborate and to compete with each other.

Monitoring and Evaluation:

- Every child is assessed to ensure continuity, progression and achievement in PE.
- Formative assessments are made of each child during lessons.
- A summative assessment of each child's progress in PE is provided over the year, which will be shared with parents in their child's end of year report.
- Parents/carers will receive a verbal report at parents' evening (Autumn and Spring Term).

Achievement is shown through:

1. Individual development of skills each year.
2. Performance during competitions.
3. Increase in the number of children attending and enjoying sports clubs.
4. An improvement in health, confidence, motivation, attitude and self-esteem.
5. Through pupil questionnaires, co-coaching feedback and lesson observations.
6. Annual assessment of cohort.

Health and Safety

Safety is paramount when planning and delivering PE. Therefore, teachers and coaches should refer to the following guidelines:

- Safety aspects should be considered prior to the task.
- Children should be alerted to any hazards before the lesson begins and reminded of safety procedures.
- Children should develop their own abilities to risk assess.
- Teachers and coaches should be aware of the procedure to follow in the event of an injury during a lesson.
- Children must be appropriately clothed in school PE Kit at all times.
- Year 4, 5 and 6 children, and any other children when appropriate, should be given the opportunity to change in a single-sex situation.
- No jewellery or watches must be worn during PE lessons.
- Pumps or trainers must be worn for outdoor lessons.
- Any KS2 children without a PE kit must provide a note. If a child fails to bring in their PE kit for two consecutive lessons, then a text message will be sent to inform their parent/carer.

Pupils will be taught to:

- Lift and carry equipment safely.
- Respond readily to instructions.
- Adopt good posture.
- Be concerned with their own and others safety.
- Understand the importance of warming up and cooling down.

Inclusion:

- Individual Education Plans are used to identify the support necessary to meet the needs of SEN children in PE. These plans are confidential and the SENCO will advise on any matters.

Community links through PE:

- Liverpool School Sport Partnership (LSSP).
- Little League
- Mersey Mavericks
- PLT schools; St Gregory, Norman Panel, Much Woolton and Bishop Martin.
- Paparazzi Dance company.
- Liverpool Academy/Liverpool School Boys
- Swimming coaches, Lifestyles, Wavertree Leisure Centre.
- Judo 6-week programme.
- Ski Course – Liverpool Primary Ski Association.

Extra-Curricular Activities:

- EYFS, KS1 and KS2 Dance – Paparazzi Dance.
- EYFS, KS1 and KS2 Football (boys and girls) – Mr Woods/Mr Felton/ Mr Gallagher/Mr Coburn.
- Hockey – Miss Wilson.
- Year 6 Netball – Miss Weeder.
- Year 4, 5 and 6 Cross Country – Miss Weeder.
- Gymnastics/ Multi Sports – Little League.
- Active Play Times – Mrs Lunt/ Young Leaders.
- KS2 Athletics – Mr Felton/Miss Weeder.

Dissemination:

The PE Policy will be made available to all teaching staff and to those who have access to the Staff Handbook. There will also be a copy of the policy kept by the subject co-ordinator Miss A. Weeder and an electronic copy kept on the school's Shared Drive.